

# FITNESS AND GROUP DANCES

### Muscle Awakening and dancing

MON - FRI 9:30am-10:20am SECTION P3 MON - FRI 10:40am-11:30am SECTION P8

#### Group dances and fitness

MON - FRI 4:00pm-4:50pm SECTION P11 MON - FRI 5:10pm-6pm SECTION P14

#### **SHIATSU**

MON - SUN 9am-7pm SECTION P10 (ADDITIONAL CHARGE)

## **MINI CLUB**

Creative workshops, group activities, games, dancing, and tons of fun!

MON - FRI 10am-12pm SECTION P10

MON - WED - FRI 4pm-6:pm SECTION P6

TUESDAY AND THURSDAY 4pm-6:pm SECTION GREEN OASIS

All activities are subject to change and may be dependant on weather.





